

Essential Oils 101

Come learn about essential oils. Classes for each session will cover what essential oils are, wellness consult, essential oil use, and the benefits of essential oils which have long been used for physical ailments, injuries, stress management, cooking, cleaning and many other applications. This is a great class for people new to essential oils as well as experienced oil users. Essential Oils provided during the class.

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Wednesday, May 4th, 2016

6:00pm - 8:00pm

Destination Harmony

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